

## POST-OPERATIVE INSTRUCTIONS

1. Eat and drink, as you normally would.
2. Shower as normal, but avoid getting water in eyes for one week, when washing your hair.
3. No makeup or eye cream for 1 week.
4. No driving today. Tomorrow is fine if you feel like you are seeing well enough.
5. Please don't rub your eye for a week, then it is fine to rub it and touch it.
6. To protect your eye at night, secure the clear eye shield over your eye with tape, provided, for about a week.
7. No lifting over 20 pounds for a week.
8. No yard work or outdoor sports (golf) for a week.
9. No swimming for 2 weeks.

**Note: For most of our patients having dropless surgery, it is normal to see floaters and cobwebs for 12 to 72 hours after the surgery. This will clear. If it does not, contact your doctor.**